

“I believe that dance is itself a language capable of transmitting emotions, memories, and mythologies. My work is dedicated to exploring unique ways dance can be used as a catalyst for human expression through choreography, performance, and creative practices. I search for the essence of things. My goal isn't to create work attempting to replicate the exactness of anything, but to create an environment that surrounds it. Rather than my work being about\_\_\_\_, my work aims to create an atmosphere that feels like\_\_\_\_. I present these “essences” using the physical vocabularies passed down to me by my teachers and redefined by my own personal practices.”